

EMT-B RAPID TRAUMA ASSESSMENT “DO THIS” SHEET

	<i>What You Do...</i>	<i>What You Say...</i>
Scene	Stop, look around	<ul style="list-style-type: none"> • BSI • Is my scene safe? I'm looking for downed electric poles, flammable liquids, firearms, etc. • How many patients? • Is there an obvious MOI? • Do I have the resources I need?
Initial	<p>Approach the patient from the front Establish c-spine control Jaw-thrust as needed Look/listen/feel, direct partner to start oxygen Pass off c-spine</p> <p>Take pulses @ carotid and radial, cap refill, feel skin Sweep patient for blood Simulate cutting</p>	<ul style="list-style-type: none"> • Sir/Ma'am, if you can hear me, don't move I'm going to hold you neck • Sir, can you hear me? Where do you hurt? • I'm opening the airway • Is the patient breathing? What is the rate and quality? • I'm passing c-spine to Fred. He will not let go until we have the patient on the backboard with head blocks in place and secured. • I'm taking a pulse? What is the rate and quality? Cap refill time? Patient's skin/color/temperature? • I'm sweeping the patient for gross bleeding. • I'm exposing the patient.
Rapid Trauma	<p>Feel the face for fractures. Check the ears, mouth and nose.</p> <p>Check the eyes for PERL status. Pull the shirt collar down as needed Palpate the posterior neck. Palpate the clavicles, sternum and check the rib cage for integrity. Auscultate the chest Palpate the abdomen</p> <p>Palpate and rotate the pelvis to ensure stability.</p> <p>Palpate both legs, remove the shoes and socks and check for PMS/CRT Palpate both arms and check for PMS/CRT Logroll the patient and palpate the spine.</p>	<ul style="list-style-type: none"> • I'm feeling the head for fractures, around the eyes. I'm checking the ears for blood/CSF and behind for Battle's signs. I'm checking the mouth for blood or teeth and the nose for blood. I am also shining a light into the patients' eyes to check for PERL. • I'm checking the neck for JVD and tracheal deviation. • I'm checking for c-spine tenderness or step offs • I'm checking the clavicles, sternum and rib cage for flail segments. • I'm listening to lung sounds bilaterally, both at the mid-clavicular and mid-axillary locations. • I'm checking for rigidity, tenderness and distention in the abdomen. • I'm checking the pelvis to see if it is stable and intact. • I'm checking the legs for injury. I am removing the shoes and socks to check for pulse, movement, sensation and cap refill time. • I'm checking the arms for injury. I am checking for pulse, movement, sensation and cap refill time. • I'm logrolling the patient to check for back injuries.

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	<i>What You Do...</i>	<i>What You Say...</i>
Unit	<p>Place pt on backboard and move to stretcher</p> <p>Obtain SAMPLE</p> <p>Obtain vitals including respirations, pulse and a blood pressure.</p> <p>Re-check ABCs and LOC. Re-check for other injuries and start addressing secondary injuries.</p>	<ul style="list-style-type: none"> • My patient is in the unit and we are transporting to the trauma center or rendezvous unit (ALS, medevac) • Sir, Ma'am do you have any allergies? • Sir, Ma'am do you take any medicines? • Sir, Ma'am do you have any medical problems? • Sir, Ma'am when was the last time you ate? • Sir, Ma'am do you remember what happened? • Count respirations and auscultate lung fields. • The pulse is __ (Whatever you counted it out to). What is my scenario pulse? • The blood pressure is __. What is my scenario blood pressure? • Self explanatory. • As needed.
Report	Write your report	<ul style="list-style-type: none"> • n/a
Post Test	Take your favorite instructor, you know the good looking, smart one, some sort of present. If you're not sure what to get, gift certificates and cash always work well.	<ul style="list-style-type: none"> • Oh thank you, thank you, Chris for all your help. I realize now what a great instructor you are and I appreciate all your ranting and raving to make me a better EMT. • Here is my offering for all your assistance, care, and interest in my becoming a great EMT.